



Community Enterprise Zone:
Strengthening new opportunities
for local business development,
training pathways, volunteering
and pathways to employment

*Volunteers needed
for Tuesday class;
Developing your
Skills for the
Workplace (pg 13)*

2018 WOORILLA POETRY PRIZE

woorilla.org.au

**Entry to Youth Section
(aged 12-18) is FREE**

Closes 3pm June 29

Term 2

(April 16th - June 29th 2018)

Semester 1

**Short course programs, children's
programs, local events, venue hire,
activities & community projects**

*All Welcome
please come in
& say hello*

**Office open
Monday - Friday
9am - 4pm
(During School Terms)**

Emerald Community House

356 - 358 Belgrave-Gembrook Rd, Emerald VIC 3782

Telephone: 03 5968 3881 Email: emhouse@iinet.net.au

www.emeraldcommunityhouse.org.au

'Find us' on Facebook - www.facebook.com/emeraldcommunityhouse



#WeatherSmarts



**FRIDAY
MAY 25
7-9pm**

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**PAVE &
FunFest Pix**
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**Woorilla
Poetry Prize**
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**Public Holiday:
Queen's Birthday**
Mon June 11th

#WeatherSmarts
May 25th 7-9pm
See Page 33

Our Vision is to
be a place where
connections are
made and
opportunities are
realised.

Our Mission is to
consistently meet
the needs of the
community by
providing quality
community
development
activities, programs
and services.

Performing and Visual arts in Emerald (PAVE)

It's that time of year again where the hills communities poured out into Emerald's streets and into local venues for a good dose of arts, music, idle chitchat, communing, skills building and community connection with the purpose of having some fun. There is not enough of that in our lives and it was a great time to celebrate the end of summer with a big fat community bash for the week of April 8-15, starting with the ever popular FunFest.

The theme for the Performing And Visual arts in Emerald (PAVE) 2018 was inspired by the ABC series War on Waste. Participating artists and performers from all arts genres were encouraged to consider how Rejuvenate, Rediscover and Rethink might relate to their respective artistic endeavours.

As the 2018 PAVE programme demonstrated, outcomes have been both surprising and delightful insofar as:



in rejuvenating and re-purposing ideas and material, artists have been inspired to create innovative clothing, music and utility objects



families can engage in the likes of making a scarecrow from recycled materials at the library, enjoy an up-cycled fashion expo, or browse craft-stall wares on FunFest day



the theme also informs the perennial PAVE dance workshops/ performance pieces, and more generally revisits the history and lives of icons of stage, screen and stereo



PAVE 2018 cover artwork was commissioned to reflect the theme too. Local artist Martha Silver Breninger of Healing Spirit Creations has done a wonderful job. Martha is recognised for her distinctive two dimensional works, as well as her enchanting felted creations.

With the festival now complete, we'd like to extend a big thank you to the Emerald Community and especially the many volunteers who helped so much. A short recap with images captured at events is on page 20-21.

Membership, Course Enrolment Details & Conditions

Membership Fees

\$10 for individuals & \$15 for families applies to all users accessing any of the services at Emerald Community House (ECH). The membership fee is an annual fee from January to December and goes towards House facilities and maintenance, community grant support, insurance, free community wifi and other house expenses. Further details online.

Course Enrolment

To secure your place, payment must be made at the time of enrolment. Enrolment can be made in person, over the phone, via mail, fax or email to emhouse@iinet.net.au even when we are closed! Enrolment and membership forms can be obtained from the House or downloaded at www.emeraldcommunityhouse.org.au. We accept cash, cheque, EFTPOS, MasterCard, Visa and direct deposits.

Our banking details are BSB 063-842 Acct No 1009 3095. You must include your name and course code when making direct deposits.

Course Cancellations

ECH may cancel courses if minimum class numbers aren't achieved. The House will contact participants in advance and fees will be refunded in the case of cancellation. However, if students cancel a class, a **10% administration fee** will be charged. Late cancellations by students (7 calendar days or less prior to course start date) **will not be eligible for any refund**.

ECH statement of Purpose

Improve quality of life and connection through community development, adult education, children's programs and inclusive participation by delivering community strengthening activities that meet our social, economic or environmental goals to benefit the community.

NOTE: Course times and activity details are correct as at time of printing, and may be subject to change at the discretion of management.

Learn Local

Emerald Community House is a member of Learn Local - a network of over 300 not-for-profit organisations across Victoria offering quality adult community education and training to people from all walks of life.



www.learnlocal.org.au

Dig In Community Cafe

The Dig In Community Café is an ECH initiative to promote community volunteering, job skills and connections. ECH practices community dining as an exercise in preparedness and community engagement. Run by community volunteers under the House Manager, The Dig In Community Café provides a range of volunteer opportunities including menu planning, food preparation, cooking, venue setting, set-up, pack up and dishwashing. Donations are kindly accepted to keep the café going.

Volunteers and diners all enjoy a fun night and it's a great outlet to make new friends and eat together around the community table. This takes place on the last Friday of every month, unless otherwise posted. Other community groups are encouraged to get involved and run a Dig In Community dining event of their own.

Volunteers and food donations always welcome!
Email: emhouse@iinet.net.au for more information.



Thank you to all of our Dig In Community Cafe regular sponsors (Emerald Woolworths, Emerald Bakery & Bakers Delight) and our wonderful team of volunteers!

Dates: Friday April 27th, May 25th, June 29th
Venue: ECH Hall
Time: 6-8pm



The Dig in Community Café is one of a collection of programs recognised by Monash/EMV resilience projects in Victoria
<https://www.monash.edu/muarc/research/research-areas/home-and-community/disaster-resilience/view-the-compendium>
And EMV's Community Resilience Framework
<https://www.emv.vic.gov.au/how-we-help/resilience/community->

Health & Wellbeing

Wellbeing Program

This free, popular and innovative wellbeing program provides a diverse and fun environment for people to engage in various physical and intellectual activities that can improve quality of health and wellbeing. The program takes place in an environment that includes carers to develop friendships, receive support from the group and develops a network with a variety of people and age groups.

We offer a range of structured fun activities to improve general wellbeing directed at people over 50. There is a focus on providing people with an opportunity to get together for social gatherings, informal discussions as well as providing valuable information. Carers who support loved ones, must attend together and are welcome. Our program is coordinated by volunteers & currently funded by ECH.

Dates: Tuesday April 17th - June 26th (11 weeks)
Time & Venue: 9:30am - 11:30am, Emerald RSL

QiGong for Health & Healing

Course Code QG

With Maxine Gardner

QIGONG, (*chi gong*), from which Tai Chi originated, uses the same principles of combining breath-work, movement and stillness to improve the quality of life on all levels. The purpose of these ancient exercises is to seek stillness (relaxation) in movement (chaos). Bringing these aspects into balance will help to provide participants with practical tools for coping with the daily stresses of everyday life. QiGong can improve flexibility, balance, and coordination. It can be beneficial for with arthritis, recovering from surgery or illness. Or it can simply help those who wish to enjoy the practice of a beautiful and gentle way of being, contributing to their health at the same time. First class is free for new participants as a trial. Please bring water & a blanket.

Dates: Thursday May 10th - June 28th (7 weeks)
(No class May 24th)
Time & Venue: 7pm - 8:30pm, ECH Hall
Course Fee: \$115.50 (inc GST)

Literacy & Numeracy

Everyday Literacy through Cooking

Course Code ALTC *With Sharyn Thomas*



Participants will learn literacy, numeracy and food handling skills through practical cooking demonstrations and preparing their own recipes, incorporating the 5 food groups. Ideal for those with special needs, participants will learn the fundamentals of food safety and handling including use and sanitising of equipment, preparation and storage of ingredients and storage of food types including dairy, dry goods, fruit and vegetables, meat, seafood and poultry.

Hygiene procedures, identifying and preventing high risks and handling of waste items will be covered to provide safe practices and increase work place skills. Participants will also make up their own recipe book, using their literacy and numeracy skills while they learn how to prepare and cook a meal to take home and share.

Dates: Monday April 16th - June 25th (10 weeks)
(No class June 11th)

Time & Venue: 12:30pm - 2:30pm, ECH Hall & Kitchen

Dates: Tuesday April 17th - June 26th (11 weeks)

Time & Venue: 1pm - 3pm, ECH Hall & Kitchen

Course Fee: \$80 each term, including materials & amenities fees

Materials: Special dietary needs - add \$20

Literacy for Adults with a Disability

Course Code ALFA *With Dianne Edwards*



This course is geared for those who will benefit from basic numeracy and literacy skills in a small friendly group environment. Using fun and interactive methods, students will also increase their confidence and abilities to work in a group.

Dates: Monday April 16th - June 25th (10 weeks)
(No class June 11th)

Time & Venue: 9:30am - 11:30am, ECH Hall

Course Fee: \$80

Cider, Perry & Fruit Wine Making Workshop

Course Code CPF

With Peter Allen

This course looks at different methods of making apple cider and the very popular perry-pear cider. We will make a simple apple cider vinegar on the day. This course uses proper cider varieties of apple or pear and how can you use what you have at home on your trees. We will also look at ways to use your excess fruit to make a dessert wine. This day will include tasting cider & home made wines (strictly for over 18yr olds). Includes light lunch. Limited places.

Date: Saturday May 26th (1 session)
Time & Venue: 10am - 4:30pm, Telopea Mountain Permaculture,
134 Invermay Road, Monbulk
Course Fee: \$137.50 (inc GST) includes a light lunch

Heritage Fruit Tree Class, The Basics

Course Code HF

With Peter Allen

This class covers the basics about the species, variety selection, grafting and rootstock selection for your conditions. Grafting techniques for new trees will be explored as well as grafting on to your existing trees. Opportunity to tour 1000+ varieties onsite. Free book provided.

Dates: Saturday April 7th or June 16th (2 session options)
Time & Venue: 10am - 4:30pm, Telopea Mountain Permaculture,
134 Invermay Road, Monbulk
Course Fee: \$104.50 (inc GST)

Cider Varieties and Other fruit - Design a Cidery

Course Code DCF

With Peter Allen

You will study varieties & rootstocks that you can use for cider making, how to maintain these stocks and how to layout the cidery for an effective productive operation.

Dates: Sunday June 3rd (1 session)
Time & Venue: 10am - 4pm, Teloepa Mountain Permaculture
134 Invermay Road, Monbulk
Course Fee: \$104.50 (inc GST)

Fruit Tree Preparation & Layout

Course Code FTP

With Peter Allen

This course starts includes designing for your back yard, an orchard or a food forest. Learn what tree goes where and how to care for it. Create a design for a netted enclosure in the backyard or farm.

Dates: Monday June 11th (1 session)
Time & Venue: 10am - 4pm, Teloepa Mountain Permaculture
134 Invermay Road, Monbulk
Course Fee: \$104.50 (inc GST)



Camembert, Gourmet Feta & Sour Cream

Course Code CC

With Peter Allen

This will be a full day course with cheese being made using cow, goat or sheep's milk if you wish to bring your own. This will need to be pasteurized on the day. Other wise all materials are supplied using organic cow's milk. Please bring lunch to share. Limited places available. Take home your own hand made products. We will make and eat Ricotta on each day as well.

Date: Saturday July 7th (1 session)
Time & Venue: 9am - 4pm, Teloepa Mountain Permaculture
134 Invermay Road, Monbulk
Course Fee: \$121 (inc GST)

Feta, Mascarpone and Greek Style Yogurt

Course Code FMGY

With Peter Allen

Enjoy the satisfaction of making and eating your own cheese. Over the course of the day you will make Feta, Mascarpone and Greek style yoghurt to take home. Cheeses can be made using cow, goat or sheep's milk. If you wish to bring your own milk, this will need to be pasteurized on the day, otherwise all materials are supplied. Participants to bring a lunch to share.

Dates: Sunday June 24th (1 session)
Time & Venue: 10am - 4pm, Teloepa Mountain Permaculture
134 Invermay Road, Monbulk
Course Fee: \$121 (inc GST)

Cooking

Indian Cooking

Course Code IC

With Divesh Sareen

Have you ever been keen to know how to make a real Indian roti instead of reheating the frozen ones? Want to be a perfect Indian chef yourself and make those yummy curries? Well now is a great chance to learn from an Indian mum so please register your interest.

Expressions of interest: Ring 5968 3881 or emhouse@iinet.net.au



Suggestions — Seeking Expressions of Interest

What kind of new courses or projects would you like to join?

Are you interested in other activities, events or services not currently available? Topics could include: **craft, photography, using digital technology, equipment repairs, publishing, sewing alterations, bread making or computer coding.**

We are capable of searching for tutors and teachers who can deliver a course on a specific subject which could help you to access job opportunities, networking or kick start new enterprises.

Information Technology

Computers (Day Sessions)

Course Code CD

With *Julia Foster*



Learn all about the ins and outs of your computer in a supportive environment. Work at your own pace, guided by the tutor to help you learn what you need to know and are interested in such as simple documents, email and communicating through the internet. As your confidence grows learn about spreadsheets, inserting pictures or creating data bases. Participants can choose from Microsoft Windows operating system and Microsoft Office Suite (including Word, PowerPoint, Excel) and more.

Dates:	Wednesday April 18 th - June 13 th (8 weeks) (No Class April 25 th)
Time & Venue:	12:30pm - 3pm, ECH Hall
Course Fee:	\$70 (including material & amenities fees)



Workplace Skills

Developing your Skills for the Workplace

Course Code DYSW
With Sharyn Thomas



Ideal for those with special needs, participants will learn a variety of natural and environmental crafts that interest them such as making soaps, recycled paper and cards and how to present them for sale. Students will run their own market stall at the Emerald Market to sell their creative works and gain confidence within a community environment. The money raised goes back into the group and community by funding for activities for special needs groups.

We have two groups running.

Dates: Tuesday April 17th - June 26th (11 weeks)
Time & Venue: 10am - 12pm, ECH Hall Kitchen
Course Fee: \$80 (including materials and amenities fees)

Provide CPR

Course Code HLTAID001

Covering both the knowledge requirements and practical skills required to perform CPR on an infant and adult, the use of an AED, and the requirements for providing an incident/injury report.



Dates: Saturday June 23rd (1 session)
Time & Venue: 9.30am - 11.30am, ECH Hall
Course Fee: \$70 per person (All prices include ECH admin fees)

Provide First Aid (Includes CPR)

Course Code HLTAID003

The ability to deliver first aid can often mean the difference between life and death. Practical competencies include all theory and assessments which are to be completed at home. This is your opportunity to gain a qualification by completing these accredited courses.



Dates: Saturday June 23rd (1 session)
Time & Venue: 9.30am - 1.30pm, ECH Hall
Course Fee: \$140 per person. (All prices inc ECH admin fees)

Literary Arts

Developing your Writing Skills

Course Code DYWS

With Maria Millers



Would you like to develop your writing skills further, become an author, a literary critic or write moving editorials? In this course, while exploring different literary works and sharing your creative writing, you will be introduced to a range of creative writing techniques that will help to develop your own personal writing skills. This is a supportive atmosphere headed by a skilled teacher with some students already published or going on to be successful authors. You can too, starting with this course.

Dates: Friday April 20th - June 8th (8 weeks)
Time & Venue: 12:30pm - 3pm, ECH Hall
Course Fee: \$50 (including material & amenities fees)

Book Writers' Workshop

Course Code WW

With Heather Ellis



Ever wanted to write that book? Make a start? This course will take you through the steps of writing a book, promoting it, getting it published and finding out about attending literary festivals and events around the world. Of special interest is the memoir - a historical account or biography written from personal knowledge.

Heather Ellis, author of the acclaimed memoir, "Ubuntu", will take you down your memory lane and help you to collect your thoughts and get them organised. This course will run for two semesters to allow enough time to finish your book hopefully by the end of the year.

Dates: Wednesday April 18th, May 2nd, May 16th & 30th, June 13th & 27th
(6 sessions)
Time & Venue: 7pm - 9pm, ECH
Course Fees: \$80 (including materials & amenities fees)

Literary Arts

Life Writing

Course Code LW

With Lisa Habermann

Our qualified tutor will help you bring to life your special family memories in an easy and enjoyable way. Learn how to recall your story, or the story of a loved one, rediscovering details from another time. Techniques include easy writing hints; organising your thoughts; and finding your unique voice.

Dates:	Wednesday May 2 nd - 23 rd (4 weeks)
Time & Venue:	11am - 12pm
Course Fee:	\$77 (inc GST)

2018 Woorilla Poetry Prize - Entries close 3pm Friday June 29th

Details online at www.woorilla.org.au

Book Direct

Yoga (day & evening classes)

With Lisa Baker

With a focus on body awareness, delve into the subtler levels of how to store our emotions and thoughts in our body. Through asana (postures), pranayama (breath awareness) and meditation we aim to release the tensions in our bodies, so our emotions and thoughts can flow freely and clearly, allowing us to move with more freedom.

'Yoga for Back Care'	Tuesday April 17 th – June 26 th (11 weeks) 7 - 8:30pm
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'Gentle Yoga'	Friday April 20 th - June 29 th (11 weeks) 10 - 11:30am
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Book Directly Phone Lisa on 0438 097 475 for venue details

Travel & Tourism

Introduction to Travel and Tourism

Course Code ITT



Ever thought of combining your love of travel into a career? What is involved? Can you work from home? What are the options?

Explore the tourism industry and identify what skills are required whether you want to pursue a career as a fully-fledged travel agent or manage boutique travel interests like ecotourism, group travel or develop a local tourism business of your own.

Send in your expression of interest for term 3 or 4.



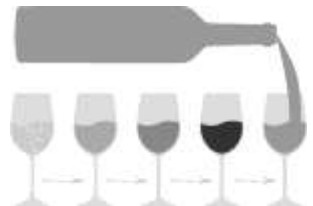
Introduction to Working in the Wine Industry

Course Code IWW



Interested in the wine making, varietals and what grows in our area? With the Yarra Valley right next door, you can look into working close to home with a commute through one of the most beautiful areas in Victoria. Why not combine with Intro to Travel and Tourism?

An ideal starter course if you are seeking employment in a wine tasting venue, hospitality industry or pursue a career or further study in viticulture.



Send in your expression of interest for term 3 or 4.

Sustainable Design

Introduction to Sustainable Design Practices

Course Code ISDP



Want to know more about the trends in sustainable design? Explore sustainable building practices, renewable energy enterprises and the terms, policies and principles of sustainable design practices. Learners could combine all three introductory courses to strengthen their employment options in the local area. This course will run for 2 terms

Send in your expression of interest.



These Introductory courses provide a snap shot into relevant industries that operate in the Dandenong and Yarra Ranges areas, ideal for over 18s, job changers, return to work adults and mature age residents with a variety of abilities.

All introductory courses can be applied to prior learning and experience if you decide to pursue a formal qualification at a tertiary level. Why not equip yourself to work from home or have a reasonable commute by gearing up your skills for industries in our region

Expressions of Interest: emhouse@iinet.net.au
5968 3881



Employment Skills

Hospitality Work Ready Training *

Course Code HT

The Hospitality Work Ready Training is an accredited Work Skills program conducted over one day. It is aimed at providing participants the skills to be Work Ready to gain employment in the hospitality industry.

This is a hands on hospitality course where participants will prepare a 3 course meal. Learn the fundamental skills to build your knowledge of the industry. Experience an insight into the professional operation of a commercial kitchen. Develop the skills required to work in the ever expanding hospitality sector.

Skills covered in practical training & upon completion of workbook participants will have achieved;

SITXFSA001	Use hygienic practices for food safety
SITXFSA002	Participate in safe food handling practices
SITHFAB002	Responsible service of alcohol

Dates: Saturday June 23rd
Time & Venue: 9am - 3pm, ECH Hall
Course Fee: \$75



* Please note:

Individuals cannot be enrolled if they are currently studying as secondary students due to extra conditions for eligibility of participants for the Hospitality Training course. Please discuss any queries with the ECH Coordinator to confirm.

Venue Hire Bookings

Emerald Community House has facilities for hire suitable for parties, weddings, workshops, meetings, consultations, performances & events.

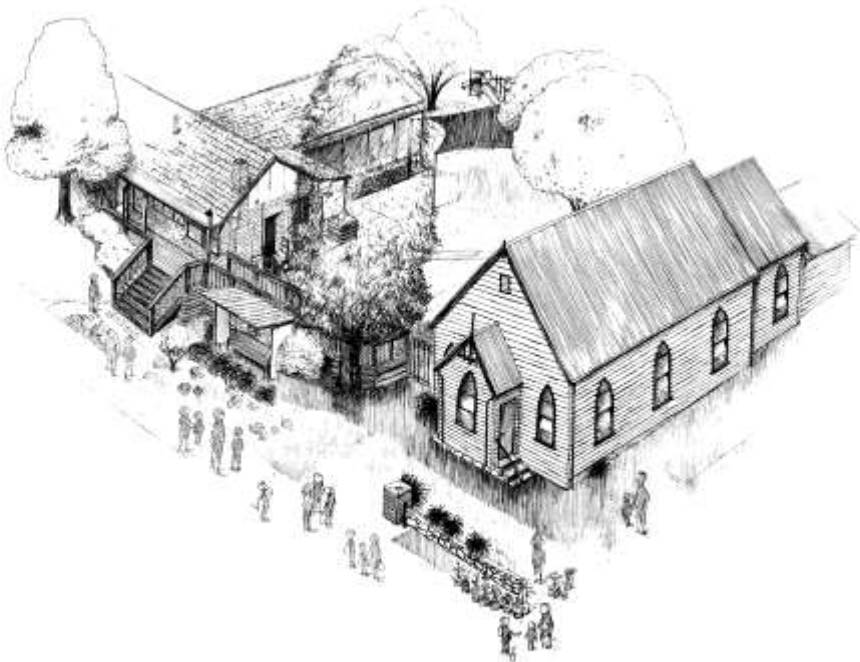
Our church hall was fully restored in 2012, has a white interior with polished timber floor, air-conditioning and heating. Comfortably seats 36, (6 trestle tables each seating 6). Seats 50 maximum without tables.

Our kitchen caters for 36 people with crockery, cutlery and glassware. The kitchen comprises a large island work bench, fridge/freezer, upright oven, microwave, dishwasher, double sink, hand sink and laundry sink.

Children's playground with basketball hoop, climbing equipment, grassed area and secure fencing. Nearby parking areas are available for hirers.

Enquiries: 5968 3881

Application forms - www.emeraldcommunityhouse.org.au/forms



PAVE FESTIVAL 2018

***Celebrating art
& community!***



Rejuvenate...

Rediscover...

Rethink...



Children's Programs

Occasional Childcare

Emerald Community House is a registered licensed childcare provider operating an affordable community based program. Occasional childcare is available on Monday, Tuesday (3 yr old +), Wednesday and Friday.

Sessions for 12mths - 5 year olds (Monday, Wednesday, Friday)
9:30am - 2:30pm \$40 per child

'Kidzplay' - 3 year old & over (Tuesdays)
9:30am - 2:30pm \$45 per child

Includes Spanish session run by *Pilar Nesvara* from 'Global Kids' which strengthens children's reading, writing and mathematic development and through diverse cultural experiences. Inspires imagination, compassion, empathy and builds a sense of belonging.
NEW Casual rate: \$10 per hour, per child (minimum 2hrs)

Our play & learning program offers lots of fun, love and social activities. Special experiences are provided each day, taking into account the children's natural interests, and designed to promote their social, physical, intellectual, language and emotional development.

'Bean Sprouts' Playgroup

Adam Byron-Thomsen

Our facilitated playgroup is turning green with a focus on sustainable practices and naturally fun activities. Sourcing recycled materials, feeding the worm farm, recycled paper mache fun, planting and playing in edible garden spaces and making craft from natural materials teaches kids about our environment from the start. This playgroup is the perfect introduction to our suite of childcare programs. Small children practice the fine art of getting along with others & trying new ways to play.

A regular playgroup can be great for mums, dads, grandparents and caregivers too, especially if they are new to the community and want to meet other parents with children.

Call to secure a place in and join in having fun with your little ones as they explore the world.

Dates:	Thursday April 19 th - June 28 th (11 weeks)
Time & Venue:	9:30am - 11:30am, ECH Child Care
Term Fee:	\$71.50

Children's Programs

Out-of-School Hours (OOSH) care

Emerald Community House is a registered licensed childcare provider operating OOSH program for each weekday and supervises travel between Emerald Primary School to ECH. The program is self funded by ECH as a community enterprise.

A substantial and nutritious breakfast and afternoon tea is provided within the cost of the program. Fun activities include arts & crafts, books, board games, outdoor activities, games and lots more. Laptop computer and internet access are also available to use for homework.

Note: Extended operating times

Morning - 6:30am - 9am	\$18 per child
Afternoon - 3:30pm - 6:30pm	\$20 per child



Opportunities to Become a Tutor

We are seeking passionate tutors and facilitators for the following upcoming introductory courses:

Travel & Tourism Publishing Working in the Wine Industry

Enquiries: emhouse@iinet.net.au or 5968 3881

Perhaps you have an idea about a course that you would like to run and have skills or experience in a particular subject?

We are always looking for local people who have a skill or experience which could translate into an adult education course, workshop or community enterprise.

Whether it is photography, film making, foreign languages, sewing, gardening, publishing, creative arts or introductory courses that lead to further study, ECH is capable of getting the course going to meet local community needs and save on your travel time and expenses. Those interesting, in developing a productive community enterprise are welcome to come to come in and tap in to our resources.



Advocacy

The La Trobe Chapter of the 'Grandmothers against Detention of Refugee Children' (GADRC) is a proud sub committee of the Emerald Community House.

Please contact the House to find out when their next meeting or activity is. emhouse@iinet.net.au or 5968 3881.



All welcome, even if you aren't a grandmother!



'Food is Free'

This project is part of a worldwide movement that promotes food to be freely available to everyone. Emerald Community House has now set up a Food is Free pantry cupboard to offer food freely to the anyone in the community.

Everyone is welcome to take food from the pantry and anyone can contribute food to the pantry. We only ask that you try to keep your donated foods reasonably healthy and within their use by dates, and that any fresh food donated can be stored in a sealed container to keep the possums out. We see many kids using the cupboard and welcome their participation!

We hope that we can keep this food pantry well stocked through the generosity of our wonderful community. Please remember this pantry is for everyone's use. Food sustains us, food connects us. Food is life!





The Centre of Resilience (COR) is a community development model piloted at Emerald Community House committing to resilience building ideas and initiatives that stimulate community strength and social durability. This includes activities that invest in job skills for a stronger economy, sustainability action, social justice, resourcefulness and community asset protection.

The goal of **COR** is to contribute to "community continuity" by encouraging the efficient and effective use of existing social, natural, economic and built community based assets in a sustainable way.

A community continuity strategy, contributes directly to:

- Sustainable economic, environmental and social benefits
- Enhancement of community governance and leadership skills through proactive processes
- An increase in community participation in education, volunteering, living and employment skills
- Safer and happier communities

www.monash.edu/muarc/research/research-areas/home-and-community/disaster-resilience/view-the-compendium

www.emv.vic.gov.au/how-we-help/community/community-resilience-framework-for-emergency-management

We are grateful to be honoured with recognition by Resilient Australia 2016, a Commonwealth program through the Attorney General's office with a **'Highly Commended' Community Award** for CoR.

In June 2017, ECH awarded Morwell Neighbourhood House as a Centre of Resilience in recognition of their work.

www.cor.org.au

References to our Community Development Work

ECH has been referenced or illustrated in case studies in a variety of national and international publications and is looking forward to an evaluation of our Centre of Resilience strategy (CoR) by Monash University this year. We continue to work with a variety of Masters and PhD candidates who are studying resilience in communities.

How do we measure and build resilience against disaster in communities and households? - (2015) *Input Paper, Global Assessment Report on Disaster Risk Reduction, United Nations Office for Disaster Risk Reduction, Torrens Resilience Institute, Adelaide, Australia*

Strategies for Supporting Community Resilience - (2015) *Multinational Resilience Policy Group, (R. Bach, Ed.), CRISMART, The Swedish Defence University. Stockholm, Sweden*

Disasters and Public Health: Planning and Response - (2016) Clements, B. W., & Casani, J., Butterworth-Heinemann Publisher, Austin, Texas, USA

Compendium of Victorian Based Resilience Building Case Studies - (2016) *Monash University and Emergency Management Victoria, Monash University Disaster Resilience Initiative. Clayton, Victoria, Australia*

Implementing the Rockefeller Foundation 100 Resilient Cities Project in Melbourne -(2016), Mulligan, M., McLennan, B., & Kruger, T., *RMIT University | City campus, School of Science, Centre for Urban Research (CUR), Melbourne, Victoria, Australia*

Resilient Melbourne Strategy - (2016) *Resilient Melbourne, City of Melbourne, Victoria, Australia*

Community Resilience Framework for Emergency Management - (2017) *Emergency Management Victoria, EMV, Victorian Government, Melbourne, Victoria, Australia*



IMMERSIVE BUSHFIRE EXPERIENCE

Each summer in Australia, bushfires pose a significant threat to many Australian communities. An important tool for preparing, reducing the risk of death, injury and property loss is a 'bushfire survival plan'. Yet people who have been through fires report that when the fire is upon them, they are surprised, astonished or simply rendered unable to think clearly or implement their plans. They were not prepared for the overwhelming experience of the fire. Not only the threat and fear, but the unexpected intensity of sound, heat, smoke, the lack of visibility or ability to communicate and disorientation in familiar environments made it hard to think or make good decisions.

The Immersive Bushfire Experience is currently undergoing community testing before being launched to the general Victoria community in September 2018. As community partners for the research and development of this project, Emerald Community House hosted the IBE trailer on March 25 and hills residents volunteered to test the project and provide important feedback.

The Immersive Bushfire Experience provides a unique mobile learning space aiming to help people to better understand what being in a bushfire is actually like, to learn how you will respond to the threat and what can be done to better manage responses and emotions.

The real-life events of two families during the 2009 Victorian bushfires have been drawn on to assist development of the experience. Through careful and sensitive examination of their first-hand accounts, a 'gap' was identified between people's expectation of bushfire and the reality of a bushfire.

In behavioural science, this 'gap' is referred to as psychological or emotional preparedness. This is the extent to which people are aware of and are able to anticipate what it would be like to be in a very frightening situation under threat, as well as have the ability to effectively manage thoughts, emotions and behaviours to respond to danger appropriately.

Many people have found this unexpected reality caused them to disregard plans, intentions and decisions made without understanding the impact of the actual bushfire threat. They found it hard to think ahead, weigh the options and make good decisions.

We look forward to the continued development, fine tuning and improvement of this resource to better prepare Victorians for fire events.





The United Nations defines community development as "a process where community members come together to take collective action and generate solutions to common problems. Civic leaders, activists, involved citizens and professionals work to improve various aspects of community life, typically aiming to build stronger and more resilient local communities.

The International Association for Community Development (www.iacdglobal.org), encourages community developers to promote participative democracy, sustainable development, human rights, economic opportunity, equality and social justice through the organisation, education and empowerment of people within their communities. Victoria and the Dandenongs in particular have a significant investment and legacy with many organisations working within a community development strategy.

The Start of a Movement

Neighbourhood and Community Houses were born out of the People's Movement of the early 1970's. The "Sherbrook Houses" included Selby as the first Neighbourhood House to form in the area in 1975. A year later, Kallista and Coonara followed and then Emerald Community House (ECH) was established in 1977. The "Sherbrook Houses" gained a reputation for solidarity and shared community participation philosophy – giving a voice to the local community members who had previously struggled to be heard.

In 1994 Council amalgamations had a big impact on many local networks. The amalgamations also brought to the surface the inequality of funding across local government areas.

Nearly all of the Sherbrook cluster went to Yarra Ranges and Knox which favoured increasing their funding. ECH is the only Sherbrook centre to be transferred to the then newly formed Cardinia Shire Council.

Emerald Community House is a not for profit incorporated association driven by a volunteer community representative committee from Emerald, Cockatoo, Gembrook and beyond. From the very beginning of the centre in 1977, educational programs for all abilities and special needs, childcare, youth, wellbeing, community enterprises (markets and festivals) and promotion of the arts have strengthened the general community and supported people in need or in transition to other pathways in life. Operating as a Centre of Resilience (CoR), ECH has pushed the boundaries of conventional neighbourhood house operating theory through CoR and strived to diversify the operations in maintaining a stable and viable organisation long into the future. This has led to opportunities such as the presentation of ECH's Centre of Resilience model at the IACD's World Conference of Community Development in Ireland. ECH will also take to the podium at the Diversity in Disasters Conference to be held on April 17 – 18 at the MCG speaking about The Community Sector: A powerful force in building community resilience.

Emerald has a solid investment in community development practitioners who work together in diverse ways to strengthen the community. Community strength is not something that is given but rather created at the grass roots level, enabling the communities to be flexible and adaptive when facing social, environmental and economic challenges whenever they occur.



Ride 4 Solar

Belgrave to Federation Square

(48 kms along some of
Melbourne's best bike tracks)

Sunday June 3rd 2018
Starting 9:30am



A community fundraiser to put a solar
system on Emerald Ambulance Station

More information - pcook@wildcoast.net.au

www.drrea.org.au

**The BoM, NBN
and EMV all
under one roof
and at your
service.**

**One night
only!**

#WeatherSmarts



**Community
Forum
Friday
May 25th
7-9pm**



#WeatherSmarts is part of ECH's Centre of Resilience strategy to prepare our community for climate calamities such as extreme storms, bushfires, high winds and thunderstorms which can create a serious disruption for us very quickly.

Just how ready and adaptable are we? What do we need to know?

You will gain knowledge from these top speakers who must deal with the consequences of climate driven disasters. You will be able to ask them questions about your own shared responsibilities when living in a high risk environment.

- What can we expect? How will we communicate?
- How long could we be isolated if power outages cause the communications networks to go down?
- Can we cope for 72hrs without power, communications or services?
- What are other communities doing? What should we be doing in our community?

With this third forum in a series, you can test your perception about your readiness for disruptive weather and its consequences by attending this informative forum where you get to ask some questions of your own and improve your #WeatherSmarts.

Expert panellists:

Dr Justin Peter, the BoM Senior Climatologist and Climate Monitoring

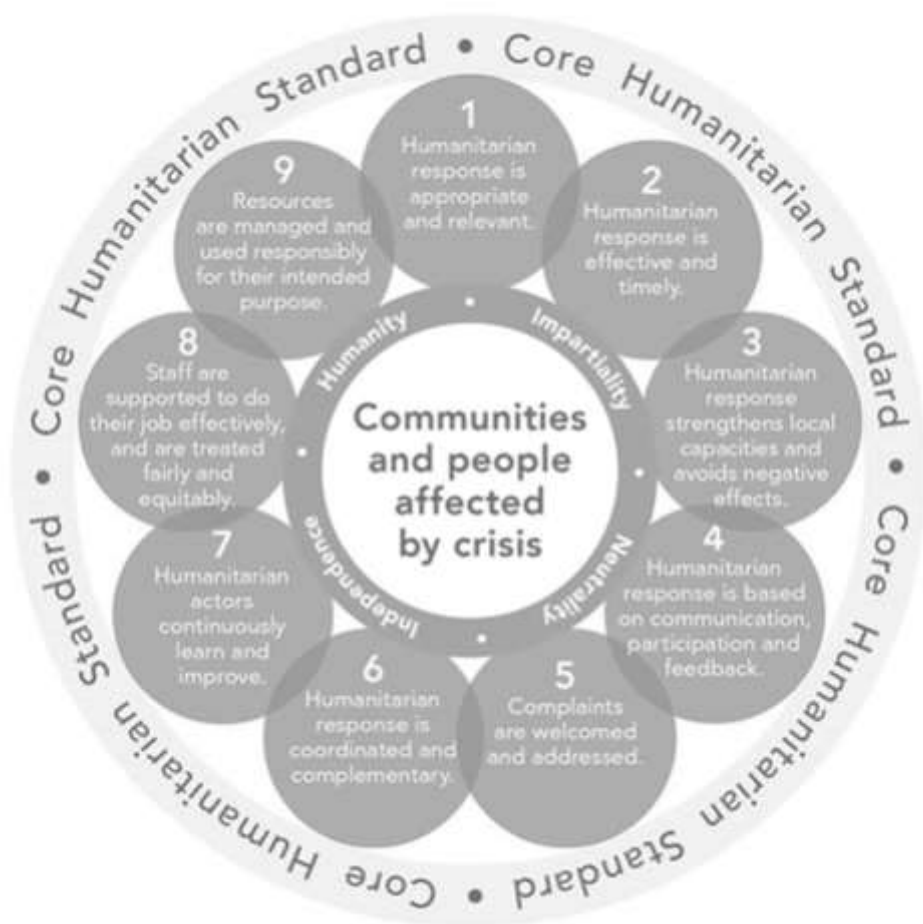
Rosanna Lacorcchia, Manager, NBN™ Local

Brett Ellis, Emergency Management Victoria, General Manager, Risk and Resilience

Dinner from 6-7 provided by Dig In Community Café, recognised by EMV's Community Resilience Framework and as a case study in Monash University's Compendium of Victorian Community Based-Resilience Building Case Studies.

Core Humanitarian Standards

ECH invites other community groups engaged in community development activities and services to adopt appropriate standards such as the Core Humanitarian Standard (CHS) which is recognized throughout the international humanitarian sector. This standard should be embraced by governments, councils and community groups who are involved in supporting people in crisis or in high risk disaster areas. How about it Yarra Ranges and Cardinia Shire Councils?



Further details available at www.corehumanitarianstandard.org



Note: Program current as at 26 Mar, 2018
Check online for updates at www.3mdr.com

MONDAY

6am IMAGINARY FRIENDS SHOW
9am SUSTAINABILITY SHOW
10am THE KORNIEST SHOW
1pm GOLDEN AGE OF ROCK'N'ROLL
3pm THE GOOD LIFE
5pm LARRY LYREBIRD
630pm BRING DOWN THE BIRDS
7pm THE CLUB SHOW
930pm THE SHENNIGANS
11pm AUSTRALIAN MUSIC OVERNIGHT

TUESDAY

7am 3MDR AUSTRALIAN MUSIC
9am DOCUMENTARY SERIES
10am DIGGIN' IT
11am ALPHABET SOUP
1pm ROCKABILLY DRIVE-BY
3pm 3MDR AUSTRALIAN MUSIC
4pm PRIMARY PERSPECTIVES
5pm THE MUSIC GARDEN
630pm THE ROMANIAN SHOW
830pm THE CROATION SHOW
12am AUSTRALIAN MUSIC OVERNIGHT

WEDNESDAY

7am The 80/20 RULE
9am FRIENDLY FEMMES
10am UNFOLDING
11am UNCUT & UNSIGNED
1pm TALKING ON THE MOON
130pm FRESH AIR
3pm AKA PELICAN SHOW
5pm NOW & THEN
630pm FOLK ON THE FRINGE
830pm THE DOTTED LINE
11pm AUSTRALIAN MUSIC OVERNIGHT

THURSDAY

6am UNDER THE FLOORBOARDS
9am JUDY-ANNE & CO
11am UPBEAT SOUL
1pm BASICALLY COUNTRY
3pm THE ITALIAN SHOW
5pm ROUNDABOUT
630pm PILOT THE DUNE
830pm ALMOST BLUE
11pm AUSTRALIAN MUSIC OVERNIGHT

FRIDAY

6am BREAKFAST
9am PAY IT FORWARD
10am 3MDR AUSTRALIAN MUSIC
11am WHAMMER JAMMER
1pm BANGERS & MASH
3pm RED TO BLUE
5pm CHICK HABIT
7pm COUNTRY BONANZA
10pm INDEPENDENT COUNTRY
11am AUSTRALIAN MUSIC OVERNIGHT

SATURDAY

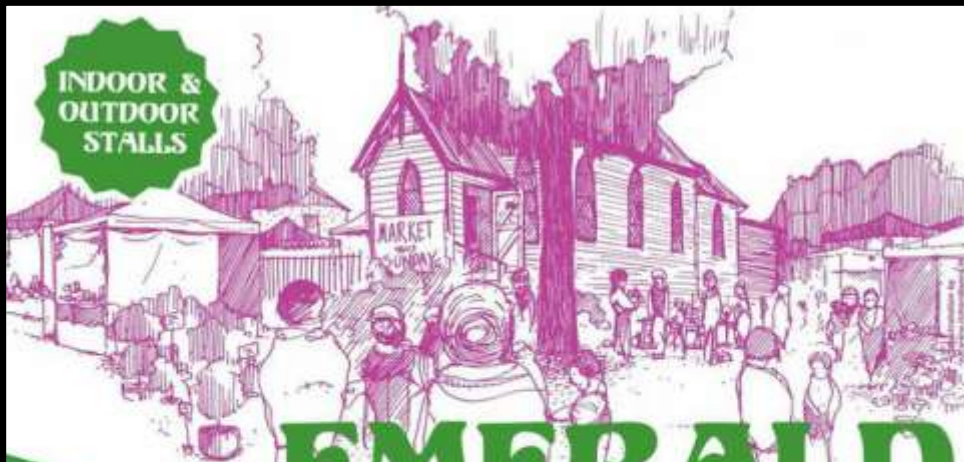
6am SAT MORNING COUNTRY
9am CLASSICALLY SATURDAY
11pm AN ACOUSTIC COMPANION
1pm COMMUNITY OUTLOOK
2pm 3MDR AUSTRALIAN MUSIC
4pm SOUND FROM INBETWEEN
5pm COSMIK DEBRIS
8pm OUT ON THE EDGE
11pm AUSTRALIAN MUSIC OVERNIGHT

SUNDAY

6am GOSPEL
8am TAMIL SHOW
10am SRI LANKIN SHOW
12pm GREEK SHOW with
2pm SAMOAN SHOW
4pm THE BUDDHIST HOUR
5pm HINDI SHOW
7pm WAKING THE NEIGHBOURS
9pm NOT QUITE MIDNIGHT
1am AUSTRALIAN MUSIC OVERNIGHT



INDOOR &
OUTDOOR
STALLS




EMERALD MARKET

3RD
SUNDAY
EACH MONTH

KILVINGTON
DRIVE

9AM - 3PM

5968 3881

 Find us on
Facebook

echmarket@iinet.net.au

www.emeraldcommunityhouse.org.au

2018 Market Dates

January 21st

February 18th

March 18th

April 15th

May 20th

June 17th

July 15th

August 19th

Sept 16th

October 21st

November 18th

December 7th *Twilight*

December 16th